DMHC Health Equity and Quality Initiative

California Association of Health Plans July 19, 2023

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DMHC Mission Statement

The California Department of Managed Health Care protects consumers' health care rights and ensures a stable health care delivery system.



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Health Equity and Quality Initiative

- In FY 2021-22, the DMHC received funding and authority to convene a Health Equity and Quality Committee to provide recommendations on health equity and quality measures and benchmark standards.
- Health plans must obtain and maintain National Committee for Quality Assurance (NCQA) accreditation by January 1, 2026.
- Applies to commercial, Medi-Cal, and behavioral health specialized plans.

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Health Equity and Quality Committee

- The Committee members represented health plans, stakeholders, organizations specializing in health equity and quality, and other State Departments.
- The DMHC convened the Health Equity and Quality Committee on February 24, 2022.
- The Committee met nine times from February September 2022.

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Health Equity and Quality Committee

- The Committee recommended 13 measures to be stratified by race and ethnicity.
- The Committee recommended using the NCQA Quality Compass National Medicaid data for benchmarking but did not reach consensus on a percentile.



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Health Equity and Quality Committee

- The Committee recommended using the NCQA Quality Compass National Medicaid data for benchmarking but did not reach consensus on a percentile.
- The Committee recommended the DMHC require all health plans to obtain NCQA Health Equity Accreditation.
- The committee recommended future discussions on a behavioral health equity and quality measure set.



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Health Equity and Quality Measures

- 1. Colorectal Cancer Screening
- 2. Breast Cancer Screening
- 3. Hemoglobin A1c Control for Patients with Diabetes
- 4. Controlling High Blood Pressure
- 5. Asthma Medication Ratio
- 6. Depression Screening and Follow-Up for Adolescents and Adults
- 7. Prenatal and Postpartum Care

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Health Equity and Quality Measures

- 8. Childhood Immunization Status
- 9. Well-Child Visits in the First 30 Months of Life
- 10. Child and Adolescent Well-Care Visits
- 11. Plan All-Cause Readmissions
- 12. Immunizations for Adolescents

13. Consumer Assessment of Healthcare Providers and Systems (CAHPS) Health Plan Survey, Version 5.0 (Medicaid and Commercial): Getting Needed Care

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Measure Stratification

- Of the 13 measures recommended by the Committee, NCQA currently requires nine to be stratified by race and ethnicity for MY 2023.
- The Committee recommends the DMHC require health plans to report their performance on the four additional measures by race and ethnicity, using the NCQA methodology.
- The Committee recommends that the DMHC require health plans to report what demographic data they have collected and for what percent of their membership.

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Technical Assistance Workgroup

- DMHC, health plan representatives, and health plan associations began meeting monthly in March 2023.
- The Workgroup will provide feedback on:
 - Operational questions
 - Data submission template and process
 - Health plan manual
- Benchmark recommendations

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Future Guidance

- All Plan Letter and Frequently Asked Questions
 document
- Data reporting template and instructions
- Health plan health equity and quality manual
- Regulations required by Assembly Bill 133



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- December 2, 2022: The DMHC released the <u>Health Equity</u> and <u>Quality Committee Report</u> with the Committee's recommendations
- December 21, 2022: The DMHC released an <u>All Plan Letter</u> with guidance for health plans

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- Measurement Year (MY) 2023: Health plans begin collecting data on health equity and quality measures
- 2024: Health plans submit MY 2023 data to the DMHC

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• 2025: First annual report published

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Enforcement Approach

Measurement Year 2023 and 2024:

• The DMHC may assess administrative penalties for violations relating to health plan data collection, reporting, and corrective action plan implementation or monitoring requirements.



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Enforcement Approach

Measurement Year 2025 and beyond:

- The DMHC may begin assessing administrative penalties for failure to meet the health equity and quality benchmarks once the benchmarks are codified in regulations.
- It is anticipated that the measures and benchmarks will be codified in regulation by 2026.

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Questions



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