# California's Health Care Dollar

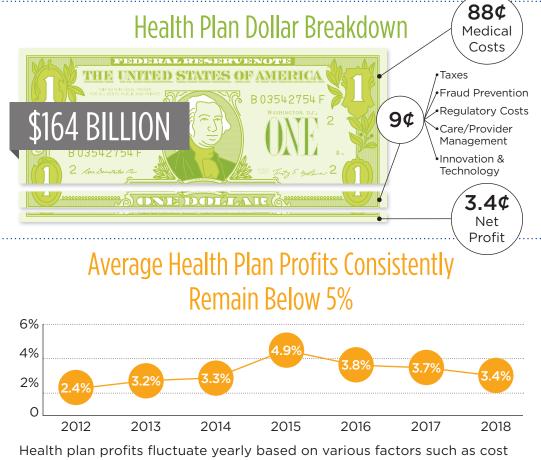


The vast majority of health plan spending in California goes to pay for medical services like hospital and doctor visits, prescription drugs, lab tests, x-rays, and medical supplies. **In 2018, health plans spent more than \$164 billion, or 88 cents out of every health plan dollar, on medical care.** 

## **Premiums** Tied **To Medical Costs** Health plan premiums directly reflect the cost of goods and services. When the price of medical services goes up, premiums increase. 33% Hospital care accounts for 33% of overall health care spending Prescription drug spending growth is projected to increase 5.2%

in 2020.

In 2018, health plans picked up 92% of the tab of the 25 most costly prescription drugs.



Health plan profits fluctuate yearly based on various factors such as cost of medical services, accounting changes, enrollment increases, regulatory changes, among many others.

Source: DMHC. \*Includes all 46 CAHP member plans.

### Health Plan Profit Margins Remain Among Lowest In Health Care Sector



For more information, please go to www.calhealthplans.org

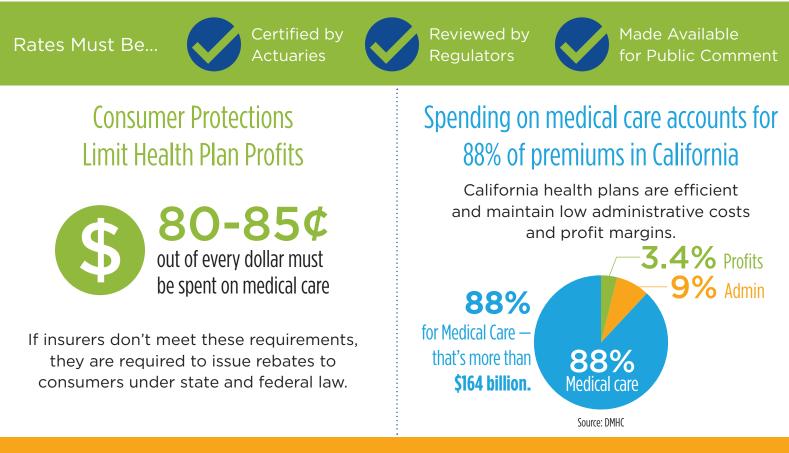
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### **Consumer Protections In California**

Health plans in California are tightly regulated and must comply with extensive transparency requirements for how they set prices and spend taxpayers', employers', and consumers' health care dollars.

#### Rate Review



#### Medi-Cal Managed Care Dollars

The state of California relies on managed care plans to provide comprehensive health coverage to 10 million residents, or 3 out of 4 Medi-Cal enrollees. Consumers face no out-of-pocket costs, and most pay no monthly premiums.

THE STATE SETS THE RATES IN MEDI-CAL. RATES MUST BE CERTIFIED BY INDEPENDENT ACTUARIES AND REVIEWED AND APPROVED BY CMS.

Medi-Cal Managed Care plans must meet an 85% medical loss ratio (MLR) for their expansion populations (CA expanded eligibility to adults with incomes up to 138% of the Federal Poverty Level).